



# WHAT SPINS THE WHEEL

LEN FORKAS

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Leadership Lessons  
from our Race for Hope







1092

VISITOR AND PATIENT  
PARKING →

PARKING

TOBACCO-FREE  
CAMPUS

**Smoking is not permitted**  
anywhere on the grounds  
of the  
Inova Fairfax Hospital  
Campus.















  
Hope Cam  
hopecam.o

ANGRY BIRDS



**RACE ACROSS  
AMERICA**



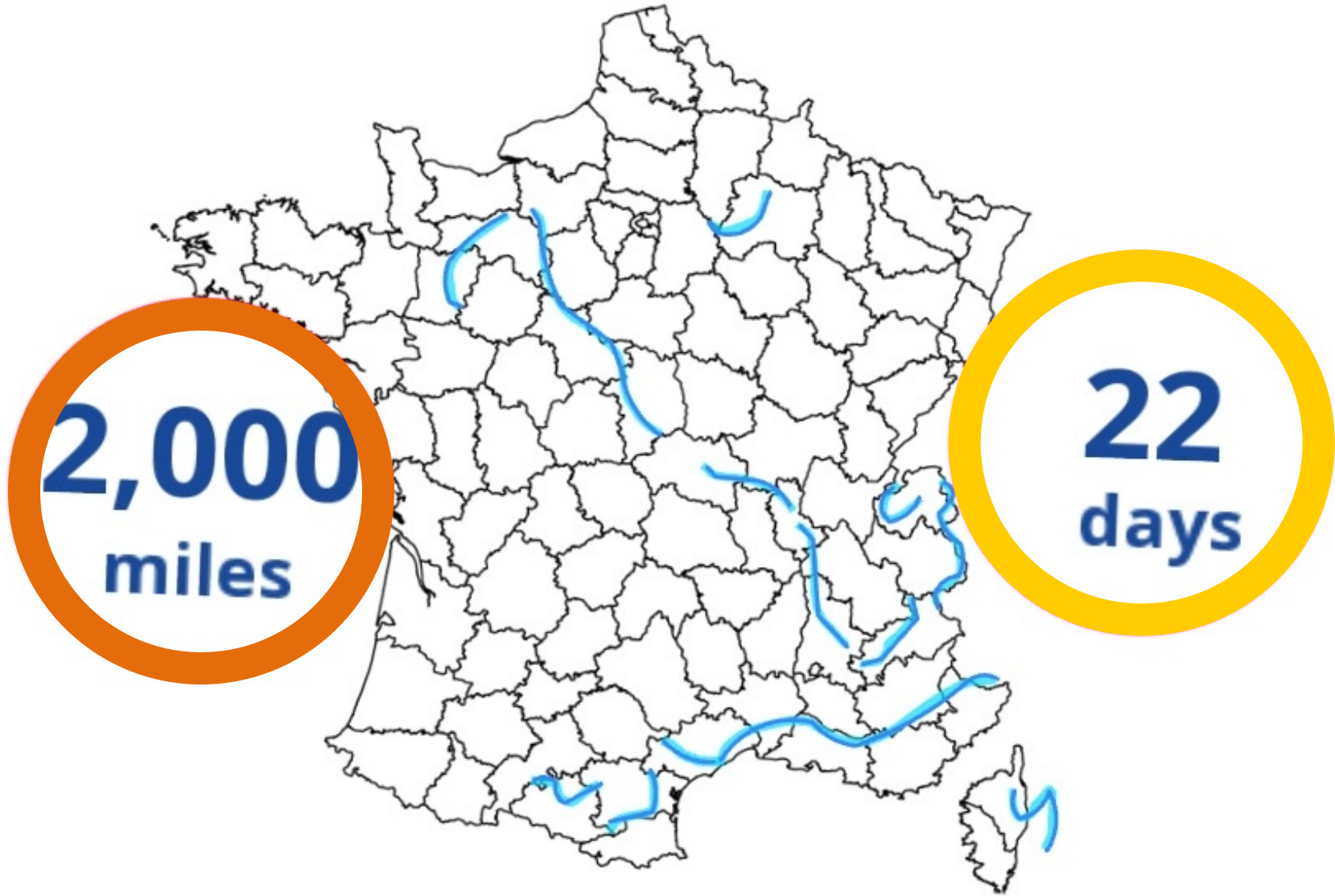
***RAAM***





**3,000**  
miles

**12**  
days



**Team  
Chemistry**

**POSITIVE  
ATTITUDE**

**SELFLESSNESS**

**SKILLS**





Crew Chief



Crew Chief



Driver



Driver



Navigator



Gofer



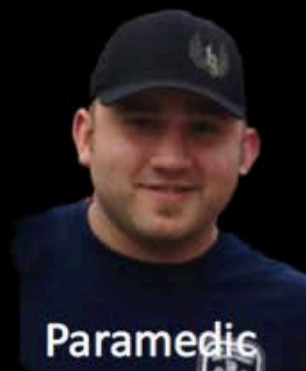
Blogger



Mechanic



Massage



Paramedic



Nutritionist

# DEPARTURE







**TRUST YOUR TEAM**

# MOJAVE DESERT





30 HOURS

20 MPH WINDS

120 DEGREES



# PERSEVERANCE

“When you are going  
through hell,  
keep going.”

Sir Winston Churchill

# MEXICAN HAT





**EXPRESS GRATITUDE**



# WOLF CREEK PASS



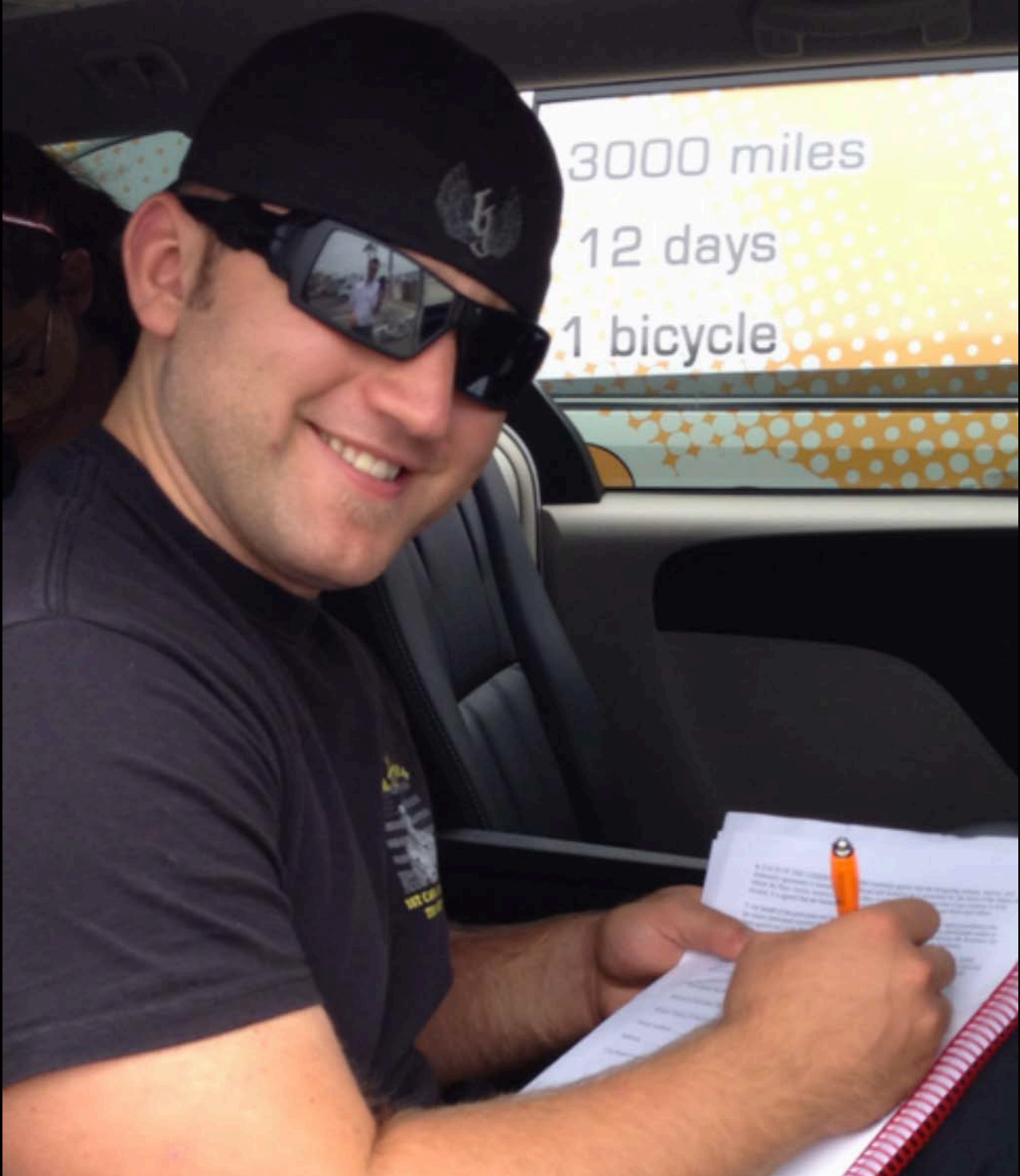


**RESPECT THE EDGE**

# WICHITA







3000 miles

12 days

1 bicycle



3000 miles

Hope Cam

Race Across America  
443  
Len Forkas

443 Race For Hope

www.hopecam.org

IDWRAPS.COM



**FORGIVE**  
**AND MOVE ON**



# ARRIVAL











# HOPECAM TEAM





## OBJECTIVES

- Finish the race before cutoff
- 12 days
- Raise \$150,000

## OUTCOMES

- Won Division & placed 10<sup>th</sup> overall
- 11 Days 4 Hours
- Raised +\$300,000

**High  
Performing  
Teams have:**

**CHEMISTRY**

**RESPECT**

**GRATITUDE**

**FORGIVENESS**

**BELIEF IN  
MISSION**



# 2012-13

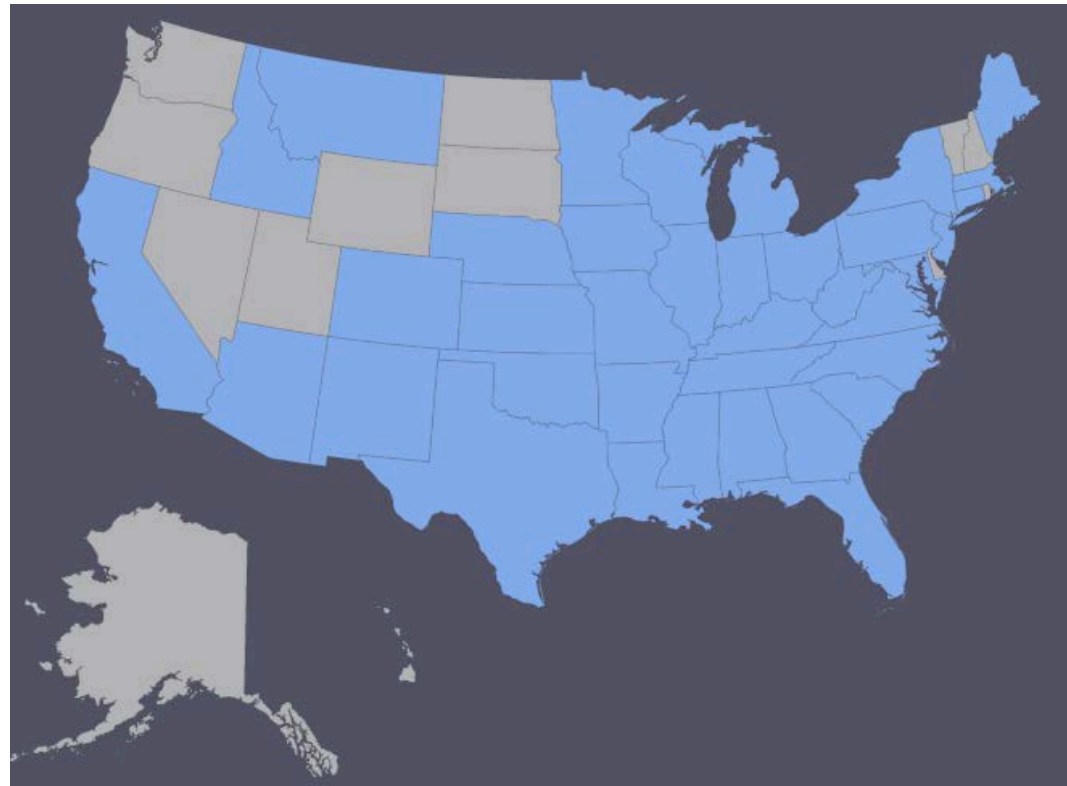


- ✧ 75 children per year
- ✧ 1,800 classmates per year
- ✧ 6 States
- ✧ \$1,200 cost per child





# 2016



- ✧ 1,000+ children
- ✧ 10,000+ classmates
- ✧ 44+ States
- ✧ 70% attend Title 1 schools

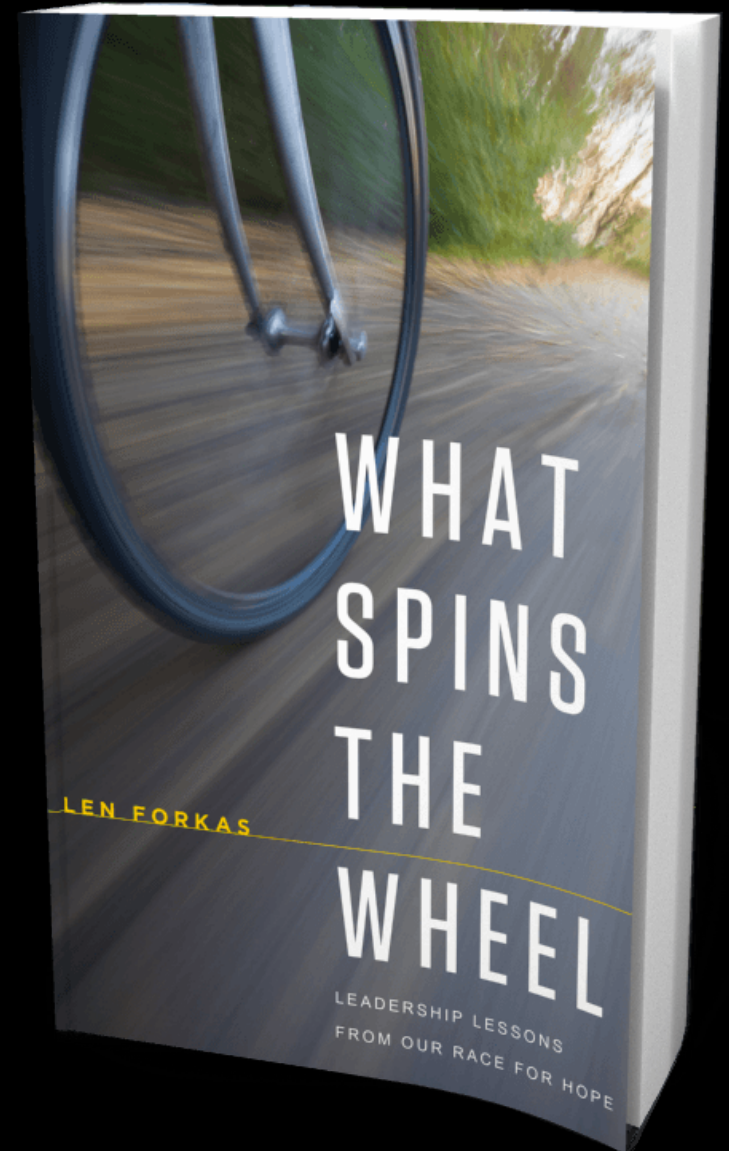
**13,000 children in USA diagnosed w/cancer every year**



**Book & Speech**

**100% funds**

**Hopecam's growth**



# How Can You Help ?

**Volunteer**

**Refer a child**

**Follow us**

@hopecam



@lenforkas

**Contribute**

Text - 20222

hopecam = \$10

hopecam25 = \$25

**POSTSCRIPT**



YOU ARE NOW AT UHURU PEAK

5895 M A.M.S.L.

TANZANIA

AFRICAN MOUNTAIN

WORLD'S HIGHEST MOUNTAIN

um terra



We Climb For  
Alex  
Green  
Day 7  
29,340 Ft  
Summit  
Day



Hope.com



IN LIFE,  
NO ONE  
RACES  
ALONE





Hope.cam